

Join us and make a difference in your community! CBID Training “Let’s Collaborate!”

In order to achieve community-based social inclusion that protects all people from loneliness, isolation, exclusion, and friction, and to promote healthy and cultural lives through supports each other as members of society, effective tools are needed for starting the initiative.

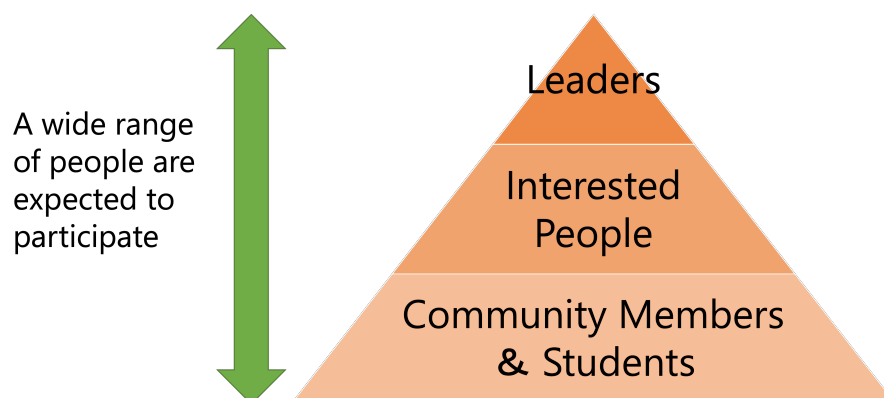
Japanese Society for Rehabilitation of Persons with Disabilities (JSRPD) has developed a training program named “Let’s Collaborate!” to address the diverse needs of the community by the concept of community-based inclusive development (CBID) initiated by WHO.



Objectives of the training program

1. To know the diverse needs of the community (and individuals).
2. To know the limits of what a single organization can support.
3. To understand the existing possibilities for connecting in the communities
4. To learn the effectiveness of approaching to the community instead of providing direct support only for people who are in need.

Targets of the CBID training program



Outlines of the CBID training program

1. This is a workshop-type training program consisting of card work and reflection.
2. The workshop requires about 2 hours
3. Members of a group are preferably 3 to 5 people

Card work: types and numbers

18 Needs/Issues cards

Foreign Citizen X 2	Senior Citizen X 2	Single Parent X 2	Middle Aged X 2
Persons w/ Developmental Disabilities X 1	Persons w/ Psychosocial Disabilities X 1	Persons w/ Physical Disabilities X 1	LGBT X 2
Homeless persons X 1	Youth X 2	Children X 2	



15 Support cards

Health X 3	Education X 3
Livelihood X 3	Social X 3
Empowerment X 3	

Card examples

Needs/Issues cards

<p>Senior Citizen</p> <p>Mobility difficulty such as going to a hospital or daily shopping</p> <p>Social</p> <p>Empowerment</p> <p>Health</p>	<p>Children</p> <p>I had given up on higher education because I was so busy looking after my family that I didn't have time to study.</p> <p>Health</p> <p>Education</p> <p>Social</p>
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Support cards

<p>Health</p> <p>Carry out outreach medical and nursing activities, e.g., home nursing</p>	<p>Livelihood</p> <p>Securing temporary accommodation and connecting to social security support such as welfare benefits.</p>	<p>Empowerment</p> <p>Advocacy through the media and policy proposal to end discrimination and prejudice</p>
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Reflection and effectiveness

- You could design themes of reflection according to local and participant contexts.
- The reflections will provide participants with the opportunity to:
 - Develop an understanding of CBID using the CBR matrix and the twin-track approach which is in the base of “Let’s collaborate”.
 - Consider the formation of multisectoral collaboration and local networks
 - Reflect on their future careers if participants are students.



Participant's Comments

- I was able to find specific issues and their supports by discussing in a team, whereas I had a narrow viewpoint when thinking of supports.
- I learned that the importance to determine priorities within limited resources from discussion.

For further information please contact to

Email: kokusai@dinf.ne.jp

Website: <https://www.jsrpd.jp/overview/cbid/training/>

Japanese Society for Rehabilitation of Persons with Disabilities (JSRPD)